



Positive Alternatives 2016 - 17 Quarterly Update

Grantee (Name and city): Face to Face, St. Paul

Contact:

Phone and Email:

Goal: To support, encourage, and assist young women in carrying their pregnancies to term and in caring for their babies after birth

For the period/quarter: April – June 2017

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Provide ongoing supervision and guidance of grant staff Ensure reporting and evaluation activities are completed		Prenatal case managers, nursing staff, and nurse practitioners meet on a weekly basis to discuss continuity of care, centering pregnancy, and best practices for prenatal clients. Case consultations occur for clients as needed. Grant budget meetings occur monthly. The Clinic Case Management Supervisor meets with the case management team weekly to discuss progress toward goals and data management.	
Outreach	Prepare and distribute wallet-sized cards describing Connect program		Women who have positive pregnancy tests at Face to Face are given information about prenatal care and Connect prenatal case management program. Anyone with a positive pregnancy test is also followed up on by a member of the Connect team to encourage them to seek prenatal care. Connect cards are also distributed in the community through our Health Education Department at outreach events.	

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Case Management Services	<p>Provide support to young women throughout pregnancy (in one-on-one and Centering Pregnancy® group encounters) and for up to one year after the birth of their baby</p> <p>Provide assessment, referral and help securing Necessary Services</p> <p>Provide home visits for clients who have missed prenatal care visits</p>	450	This quarter Face to Face case managers conducted 586 case management visits with prenatal and postpartum patients (up to 1 year postpartum). We are pleased to see the number of visits above our goal of 450 visits and believe this increase is due to some changes and improvements to the structure of the program.	586 Visits
Financial Assistance	Provide assistance in completing applications for financial assistance: includes public health insurance programs, MFIP, emergency assistance, energy assistance, WIC and other food support, and material support from other agencies (cribs, diapers, etc).	120	<p>This quarter we provided assistance in completing applications for financial assistance 81 times. The following applications were completed in this quarter MA Referral – 35, MFIP Referral – 2, Childcare Referral – 3, Emergency Referral – 3, Energy Referral – 1, WIC Referral – 24, Cradle of hope (Cribs) – 18</p> <p>Diapers, wipes or food assistance was provided by Face to Face 97 times within the quarter</p>	<p>86</p> <p>97 times</p>
Housing Assistance	Provide emergency rent assistance to expectant or new mothers to avoid becoming homeless or to gain housing.	9	14 clients received emergency rent assistance this quarter. We are seeing an increase in rental assistance requests, We expect to see these numbers increase in the next fiscal year.	14

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Material Support	Provide baby diapers to young mothers in need.	48	Diapers were given out to mothers 43 times this quarter. We began giving out a larger number of diapers per assistance and therefore clients are getting them less amounts of time but end up receiving more in quantity. Diaper assistance continues to be a high demand item and expect to see these numbers continue to increase.	43 Times
Mental Health	Pre-natal and post-partum depression screening included in assessment Case managers facilitate referrals to non-PA funded Mental Health providers as needed.	60	We exceeded our projected goal this quarter, completing 62 depression screenings this quarter. Prenatal case managers continue to work closely to provide holistic services through referrals to our on-site mental health providers. 57 Screenings Done – Per NG + 5 MH Referrals – per Connect D/B	62

Nutrition	Provide information on proper nutrition to each new client, including a written handout, as part of the group intake to prenatal care. Referrals and follow up are provided both in group intake and one on one visits.	45	We completed nutrition education and proper referrals with 53 (Intakes Done) new mothers this quarter. We saw an increase in new patients this quarter with the highest number of new intakes this grant year.	53
	Provide food bags, baby formula, and food gift cards.	75	Assistance in the form of food bags, food cards, and formula were provided 76 times this quarter, providing 82 food items to clients. Upon review of budgets, we realized Face to Face only receives funding for 69 items per quarter (30 food bags, 30 food cards and 9 cans of formula). We ended the quarter with one can of formula left over. We may need to revise the target number in this area to better match funding.	76 Times/82 items
Parenting Education	Provide two (2) parenting events per year including education on parenting-related topics.	25	This quarter we did a self-care event in the clinic. Clients received self-care education and a goodie bag full of items to practice self-care. Clients were asked to fill out a survey to provide us feedback on their self-care practices and things they would like to see in the clinic.	17 clients/ 19 communi ty
Pregnancy Education	Provide Centering Pregnancy prenatal care (60 visits per quarter) integrating medical care with pregnancy education and support; 6 groups starting per year / 10 sessions per group with 6 participants per group Centering Pregnancy includes education and discussion on:	60	We had a Centering group wrap up in April. Our certified trainer is no longer with the agency and therefore the Centering classes are on hold until we can train additional staff.	0 visits

	<ul style="list-style-type: none"> • Management of discomforts of pregnancy • Relaxation/stress management • Labor and delivery • Families and relationships • Newborn care 			
Pregnancy Testing	Provide pregnancy testing 2 hours per week at SafeZone, a resource center for youth experiencing homelessness, to provide assessment of program eligibility and help youth who gain medical care if needed. All youth who test positive for pregnancy will be evaluated for necessary services and linked to prenatal care at the Arcade clinic or another clinic of the young person's choice.	15	<p>We continue to provide pregnancy tests at our SafeZone location, utilizing the nurse practitioners when they are available (for a total of 20 hours a week). This quarter, we conducted 15 pregnancy tests at SafeZone.</p> <p>All clients receiving positive UPT tests at SafeZone are connected with prenatal care at the Arcade clinic (or another clinic of their choice).</p>	15 Tests
Prenatal Medical Care	<p>Provide Centering Pregnancy prenatal care (60 visits per quarter) integrating medical care with pregnancy education and support; 6 groups starting per year / 10 sessions per group with 6 participants per group.</p> <p>Provide individual prenatal care visits (240 per quarter) for OB</p>	<p>60</p> <p>240</p>	<p>As mentioned above, Centering was on hold for this quarter due to not having a trained facilitator.</p> <p>New OB client intakes were higher this quarter, resulting in us exceeding the target medical visits. In addition to Centering, 305 individual prenatal visits were completed. We anticipate this increase to remain consistent.</p>	<p>0</p> <p>305</p>

	History visit, initial OB visit, and at other times -- for young women who opt out of Centering Pregnancy			Prenatal Visits
Provide Necessary Services to all clients	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals	45	<p>We have exceeded our target for new OB clients this quarter with 53 intakes.</p> <p>In response to the decreased number of intakes over the past couple of quarters, we changed how we do our intake appointments. Starting last quarter, we have started having our OB RN complete the OB intake appointments, instead of medical providers, because it allows for more flexibility in scheduling. The nurse's schedule is more flexible, so she's more likely to convert a positive pregnancy test visit into a full OB intake, instead of needing to make an additional appointment (if the client so desires). This has also allowed those who present late in their pregnancy to receive care more quickly with more appointment time options. We believe that this along with some other structure changes and outreach have led to the increase intakes</p>	53 Intakes
Provide Necessary Services Assessments Only	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals	1	<p>While we saw an increase in intakes we also had an increase of clients not returning for prenatal care. 4 clients presented for an intake and received a necessary services assessment and did not come back to receive prenatal care.</p>	4 clients

Commented [SR1]: 11 clients or 4? Numbers don't match

Transportation	Provide taxi rides or bus fare for clients to get to appointments.	60	We were able to provide transportation assistance 72 times this quarter in the form of bus tokens or cab fare. We began providing bus cards to clients which has allowed the clients more accessibility to the transit system. We have seen an increase in cab needs this quarter also.	72 Times
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Maternal and Child Health Initiative Task Force Strategies				No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>				N/A
<i>Number of women who received car seat safety education only from a PA funded program activity</i>				N/A
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>				17
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>				17
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>				18
<i>Number of women who received sleep safety education only from a PA funded program activity</i>				17

Challenges: As of the middle of the quarter, one of the staff members working on this grant is no longer with the agency. We were pleased to see a number of our stats have increased even while being short staffed for the grant. The departure of the staff did leave a hole in our team as no one is currently trained to be a Centering facilitator. We have put a pause on that program and are looking to get additional staff trained. We have been brainstorming additional ways to make sure that all clients are getting the prenatal education presented in Centering classes.

We also continue to have ongoing challenges working with clients who struggle with mental health and/or addictions concerns, fall out of care and we are not able to reach them. We have increased our numbers of referrals to Mental Health services and will be identifying a system for case consultation and coordination for these clients, so that we may serve them in the best holistic manner. We are looking at increasing our presence at SafeZone where many of our clients utilize services to be able to provide more continuity of care. We also are spending more time doing home visits and meeting clients in the community to take away the barriers of transportation and/or child care.

Comments: We are pleased with the increase in our numbers over this past quarter. We are looking at ways of continuing to expand our services and making sure that all pregnant and/or newly parenting clients have the access to the services needed. We are currently looking to hire a new case manager.